Knighthood and Chivalry, Past and Present

Knighthood certainly seems to be an institution whose time has passed. The days of feudalism, liege-lords, fortified castles, and crusades may indeed be over. However, the Christian knight’s renowned commitment of service to others and his spirit of chivalry endure to inspire us even today. In fact, in a day of intense materialism, the willingness of groups of committed Christians to place themselves at the service and the defense of the weak and vulnerable has perhaps never been more awe-inspiring and more needed.

The institution of Knighthood arose in Christian Europe. Its origins can be seen in the “Truce of God” in the early Middle Ages as the Church attempted to restrict the fury of feudal warfare by forbidding fighting on certain days, such as Sunday and major feast days, and in certain places, such as churches and monasteries, and by protecting certain persons from attack such as clergy, monks and women. The clergy took advantages of such truces to extract from feudal warriors a vow to use the sword principally for the purpose of defending the weak and defenseless, women and orphans and the Church itself. The Church extended its tempering influence even more when it called upon the warrior class to use their arms to regain the holy sites in Palestine from Muslim occupation and to protect the pilgrims who journeyed there. The great goal of knights and pilgrims was the reclaiming of the Holy Sepulchre in Jerusalem, the site of the crucifixion, burial and resurrection of Jesus, considered by Christians to be the holiest site in Palestine. Pope Urban called for the initial Crusade in 1095 which eventually led to the establishment of the Christian Kingdom of Jerusalem and the need for a new institution in the Church, religious orders of knights to defend the Christian sites. Thus arose the Teutonic Knights, the Sovereign Military and Hospitaller Order of St. John of Jerusalem, of Rhodes and of Malta, the Knights Templar, and the Equestrian Order of the Holy Sepulchre of Jerusalem. These warrior monks took religious vows with the particular goal of defending the holy land from the Saracens and other Muslims and protecting and sheltering the many Christian pilgrims who flocked there.

A code of good conduct developed for these Knights which came to be known as chivalry, derived from the French cheval, or horse, referring to the fact that these warriors were mounted on horseback. The chief chivalrous virtues were piety, honor, courage, chastity, courtesy, and loyalty. The expression noblesse oblige ("nobility obliges") captures the sentiment that the chivalrous knight does not impose himself upon others but is rather obliged to place himself at their service, particularly the weak, the poor and the sick.
Unto a knight is given a sword which is made in semblance of the cross for to signify how our Lord God vanquished on the cross the death of human lineage to the which he was judged for the sin of our first father Adam. All in like wise a knight ought to vanquish and destroy the enemies of the cross by the sword. For chivalry is to maintain justice, and therefore is the sword made cutting on both sides to signify that the knight ought with the sword maintain chivalry and justice.

Ramón Lull, "Book of the Order of Chivalry," ca. 1282

As Archbishop Hyginus Eugene Cardinale wrote: “Though Chivalry (Knighthood) was not originally founded by the Church, but by the laity, it was the Church that set about refining it according to the Spirit of the Gospel. It was the Church who, more than any other body, understood and appreciated the spirit that moved the first Crusading Orders of Knighthood, spiritualised their military zeal and valour, granted them her approval and support, inspired their so-called ‘chivalric system of virtues’ based on ethico-aesthetic categories of a secular nature with the high Christian ideals which transformed the rude and violent soldiers into disciplined, self-controlled, refined, gentle and strong defenders of the rights of God, of Christendom, of the Church and of society, consciously endeavouring to bring religion into daily life with service to the less fortunate, honour and courtesy to all” (Ch. 13, Orders of Knighthood Awards and The Holy See).

The ideal of the Knight continues to capture the imagination of many even in our own day. When a Catholic fraternal benefits society was founded in the late nineteenth century in Hartford, Connecticut it was the ideal of the Knight with his allegiance to Church and country and to the poor and needy, the figure of the knight chosen to define the organization’s spirit: the Knights of Columbus. Their bonds of Catholic brotherhood at the service of the Church has enabled otherwise isolated and ineffectual men to become one of the most powerful, and effective philanthropic organizations in Christendom. Some Catholics consider themselves called the ancient orders which still exist. The Sovereign Military and Hospitaller Order of St. John of Jerusalem, of Rhodes and of Malta can date their service to their “lords the sick poor” and the defense of the faith to the time of the first crusade. Today it is one of the largest international relief agencies in the world. Likewise the Equestrian Order of the Holy Sepulchre of Jerusalem traces its roots back to the same period and Duke Godfrey of Bouillon. Its goal was securing the church which enshrines the place of the crucifixion, burial and resurrection of Jesus. The Order exists today to sustain and aid the Church and Catholic institutions in the Holy Land.
Participants in the 2016 Summer Faith and Culture program by the International Institute for Culture will enter into a world in which the ancient code of chivalry still exists in persons and locales in Bavaria, Austria and the South Tyrol. Daily visits to castles and fortresses will be joined with lectures on the themes of knighthood and chivalry, “then and now”. Visits will be made to:

- The Palace of King Ludwig II of Bavaria on an island in the Bavarian Sea. It and the ancient monastery of Frauenwörth on a neighboring island can be reached only by ferry.
- The castle of Hohen Aschau in the general area where Pope Benedict grew up.
- Kufstein in Austria.
- The Castle/Fortress of the Prince Archbishop of Salzburg.
- Burghausen, the longest castle in Europe overlooking the Salzach River which is the border with Austria. That excursion will include a visit to Altötting, Pope Benedict’s favorite Marian shrine, known as the “Lourdes of Germany”.
- Neuschwanstein, King Ludwig’s Castle containing some of the most beautiful art in all of Germany.
- The Cathedral/Fortress in Freising, the original site of the Archdiocese of Munich.
- The Royal Palace of the Wittelsbach family in Munich.

Participants will stay in a former Benedictine Monastery, Seeon, founded in 994. It became renowned for its illuminated texts. It was visited frequently by Wolfgang Amadeus Mozart. It was taken over by the state in 1803 and became a parish church. It became the residence for a period by the Dukes of Leuchtenberg of the Romanov family. It is currently a beautifully restored cultural center owned by the State of Bavaria.